

# Professional Disclosure Statement

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**Philosophy and Approach:** I believe in the strengths and power unique to each individual person. I believe in equality and tailoring the approach of counseling to address the unique situation of each person I meet with. I employ an eclectic approach focusing on person-centered and cognitive-behavioral theories.

**Formal Education and Training:** I hold a Master's Degree in Counseling from Lewis & Clark College. Major coursework included theory and practice of counseling and working with each person to maximize their individual strength.

**As a Licensee** of the Oregon Board of Licensed Professional Counselors and Therapists, I abide by its Code of Ethics. To maintain my license I am required to participate in continuing education, taking classes dealing with subjects relevant to this profession.

**Fees:** My standard fee is \$100 for a 50-minute session and \$120 for initial session/intake. I offer a sliding scale rate of \$50-\$100 for those who are unable to afford the standard fee.

**As a client of an Oregon licensee, you have the following rights:**

- \* To expect that a licensee has met the qualifications of training and experience required by state law;
- \* To examine public records maintained by the Board and to have the Board confirm credentials of a licensee;
- \* To obtain a copy of the Code of Ethics (Oregon Administrative Rules 833-100);
- \* To report complaints to the Board;
- \* To be informed of the cost of professional services before receiving the services;
- \* To be assured of privacy and confidentiality while receiving services as defined by rule or law, with the following exceptions: 1) Reporting suspected child abuse; 2) Reporting imminent danger to you or others; 3) Reporting information required in court proceedings or by your insurance company, or other relevant agencies; 4) Providing information concerning licensee case consultation or supervision; and 5) Defending claims brought by you against me;
- \* To be free from discrimination because of age, color, culture, disability, ethnicity, national origin, gender, race, religion, sexual orientation, marital status, or socioeconomic status.

You may contact the Board of Licensed Professional Counselors and Therapists at  
3218 Pringle Rd SE, #250, Salem, OR 97302-6312 Telephone: (503) 378-5499  
Email: [lpct.board@state.or.us](mailto:lpct.board@state.or.us) Website: [www.oregon.gov/OBLPCT](http://www.oregon.gov/OBLPCT)

For additional information about this counselor or therapist, consult the Board's website.